

# Yoga Sessions May Schedule

May 1, 2024	Wed	☀️	Marissa 7:30 - 8:30am	May 16, 2024	Thu	☀️	No Yoga
May 1, 2024	Wed	🌙	Marissa 7:30 - 8:30pm	May 17, 2024	Fri	☀️	No Yoga
May 2, 2024	Thu	☀️	Luxmi 7:30 - 8:30am	May 18, 2024	Sat	☀️	Luxmi 7:30 - 8:30am
May 3, 2024	Fri	☀️	Luxmi 7:30 - 8:30am	May 19, 2024	Sun	☀️	Deni 7:30 - 8:30am
May 4, 2024	Sat	☀️	Luxmi 7:30 - 8:30am	May 20, 2024	Mon	☀️	Luxmi 7:30 - 8:30am
May 5, 2024	Sun	☀️	Luxmi 7:30 - 8:30am	May 21, 2024	Tue	☀️	Deni 7:30 - 8:30am
May 6, 2024	Mon	☀️	Luxmi 7:30 - 8:30am	May 22, 2024	Wed	☀️	Marissa 7:30 - 8:30am
May 7, 2024	Tue	☀️	Luxmi 7:30 - 8:30am	May 22, 2024	Wed	🌙	Luxmi 7:30 - 8:30pm
May 8, 2024	Wed	☀️	Marissa 7:30 - 8:30am	May 23, 2024	Thu	☀️	Lucia 7:30 - 8:30am
May 8, 2024	Wed	🌙	Marissa 7:30 - 8:30pm	May 24, 2024	Fri	☀️	Luxmi 7:30 - 8:30am
May 9, 2024	Thu	☀️	Lucia 7:30 - 8:30am	May 25, 2024	Sat	☀️	Luxmi 7:30 - 8:30am
May 10, 2024	Fri	☀️	Luxmi 7:30 - 8:30am	May 26, 2024	Sun	☀️	Deni 7:30 - 8:30am
May 11, 2024	Sat	☀️	Luxmi 7:30 - 8:30am	May 27, 2024	Mon	☀️	Luxmi 7:30 - 8:30am
May 12, 2024	Sun	☀️	Deni 7:30 - 8:30am	May 28, 2024	Tue	☀️	Deni 7:30 - 8:30am
May 13, 2024	Mon	☀️	Luxmi 7:30 - 8:30am	May 29, 2024	Wed	☀️	Marissa 7:30 - 8:30am
May 14, 2024	Tue	☀️	Deni 7:30 - 8:30am	May 29, 2024	Wed	🌙	Marissa 7:30 - 8:30pm
May 15, 2024	Wed	☀️	No Yoga	May 30, 2024	Thu	☀️	Marissa 7:30 - 8:30am
May 15, 2024	Wed	🌙	No Yoga	May 31, 2024	Fri	☀️	Marissa 7:30 - 8:30am

Humboldt Room at The Headwaters Eco Lodge

Drop-In Session: \$15 | Locals Rate: \$12

*See you there, Namaste.*

*The Headwaters*

ECO LODGE  
Glenorchy | New Zealand