

Yoga January 2024

at The Headwaters Eco Lodge

1/1/24	Monday	Morning		No yoga
2/1/24	Tuesday	Morning		No yoga
3/1/24	Wednesday	Morning	Anna	7.30 - 8.30 am
3/1/24	Wednesday	Evening	Anna	7.00 - 8.00 pm
4/1/24	Thursday	Morning		No yoga
5/1/24	Friday	Morning	Kate	7.30 - 8.30 am
6/1/24	Saturday	Morning	Kate	7.30 - 8.30 am
7/1/24	Sunday	Morning		No yoga
8/1/24	Monday	Morning	Anna	7.30 - 8.30 am
9/1/24	Tuesday	Morning		No yoga
1/10/24	Wednesday	Morning	Anna	7.30 - 8.30 am
10/1/24	Wednesday	Evening	Anna	7.00 - 8.00 pm
11/1/24	Thursday	Morning		No yoga
12/1/24	Friday	Morning	Anna	7.30 - 8.30 am
13/1/24	Saturday	Morning	Kate	7.30 - 8.30 am
14/1/24	Sunday	Morning		No yoga
15/1/24	Monday	Morning	Anna	7.30 - 8.30 am
16/1/24	Tuesday	Morning		No yoga
17/1/24	Wednesday	Morning	Anna	7.30 - 8.30 am
17/1/24	Wednesday	Evening	Anna	7.00 - 8.00 pm
18/1/24	Thursday	Morning	Kate	7.30 - 8.30 am
19/1/24	Friday	Morning	Anna	7.30 - 8.30 am
20/1/24	Saturday	Morning		No yoga
21/1/24	Sunday	Morning		No yoga
22/1/24	Monday	Morning	Kate	7.30 - 8.30 am
23/1/24	Tuesday	Morning		No yoga
24/1/24	Wednesday	Morning	Kate	7.30 - 8.30 am
24/1/24	Wednesday	Evening		No yoga
25/1/24	Thursday	Morning		No yoga
26/1/24	Friday	Morning	Kate	7.30 - 8.30 am
27/1/24	Saturday	Morning		No yoga
28/1/24	Sunday	Morning		No yoga
29/1/24	Monday	Morning	Kate	7.30 - 8.30 am
30/1/24	Tuesday	Morning		No yoga
31/1/24	Wednesday	Morning	Kate	7.30 - 8.30 am
31/1/24	Wednesday	Evening		No yoga

Drop-In Session \$15 | Locals Rate \$12

We look forward to seeing you here!