

# Yoga February 2024

at The Headwaters Eco Lodge

|         |           |         |         |                |
|---------|-----------|---------|---------|----------------|
| 1/2/24  | Thursday  | Morning | No yoga |                |
| 2/2/24  | Friday    | Morning | Marissa | 7.30 - 8.30 am |
| 3/2/24  | Saturday  | Morning | No yoga |                |
| 4/2/24  | Sunday    | Morning | No yoga |                |
| 5/2/24  | Monday    | Morning | No yoga |                |
| 6/2/24  | Tuesday   | Morning | Kate    | 7.30 - 8.30 am |
| 7/2/24  | Wednesday | Morning | Marissa | 7.30 - 8.30 am |
| 7/2/24  | Wednesday | Evening | Wiktor  | 7.00 - 8.00 pm |
| 8/2/24  | Thursday  | Morning | No yoga |                |
| 9/2/24  | Friday    | Morning | Kate    | 7.30 - 8.30 am |
| 10/2/24 | Saturday  | Morning | No yoga |                |
| 11/2/24 | Sunday    | Morning | No yoga |                |
| 12/2/24 | Monday    | Morning | Tala    | 7.30 - 8.30 am |
| 13/2/24 | Tuesday   | Morning | Tala    | 7.30 - 8.30 am |
| 14/2/24 | Wednesday | Morning | Marissa | 7.30 - 8.30 am |
| 14/2/24 | Wednesday | Evening | Marissa | 7.00 - 8.00 pm |
| 15/2/24 | Thursday  | Morning | Marissa | 7.30 - 8.30 am |
| 16/2/24 | Friday    | Morning | Lucia   | 7.30 - 8.30 am |
| 17/2/24 | Saturday  | Morning | Luxmi   | 7.30 - 8.30 am |
| 18/2/24 | Sunday    | Morning | Lucia   | 7.30 - 8.30 am |
| 19/2/24 | Monday    | Morning | Kate    | 7.30 - 8.30 am |
| 20/2/24 | Tuesday   | Morning | Luxmi   | 7.30 - 8.30 am |
| 21/2/24 | Wednesday | Morning | Marissa | 7.30 - 8.30 am |
| 21/2/24 | Wednesday | Evening | Marissa | 7.00 - 8.00 pm |
| 22/2/24 | Thursday  | Morning | Lucia   | 7.30 - 8.30 am |
| 23/2/24 | Friday    | Morning | Kate    | 7.30 - 8.30 am |
| 24/2/24 | Saturday  | Morning | Lucia   | 7.30 - 8.30 am |
| 25/2/24 | Sunday    | Morning | Marissa | 7.30 - 8.30 am |
| 26/2/24 | Monday    | Morning | Kate    | 7.30 - 8.30 am |
| 27/2/24 | Tuesday   | Morning | Ayumi   | 7.30 - 8.30 am |
| 28/2/24 | Wednesday | Morning | Ayumi   | 7.30 - 8.30 am |
| 28/2/24 | Wednesday | Evening | Marissa | 7.00 - 8.00 pm |
| 29/2/24 | Thursday  | Morning | Lucia   | 7.30 - 8.30 am |