



We have a few events coming up in August which we think you will love! Check out what's happening below and add a note on your diary! You wouldn't want to miss them.



Sarsha Hope is coming to Glenorchy and we are so excited to have her teach a few classes at Camp Glenorchy.

Inner Strength Yoga

Sarsha's style of yoga supports a practice of mindfulness that focuses on finding inner strength to achieve calm and clarity.

Saturday 1, Monday 3, Tuesday 4, Wednesday 5, and Thursday 6 August
From 7:30am to 8:30am
\$15

Rise, Restore, Heal & Nourish

Join Sarsha Hope and Charlotte Blair for an evening of gentle yoga to restore your energy levels. Sound healing, to bring your nervous system into balance and organic tea ceremony to nourish. When we restore, heal, and nourish we can find the inner strength and resource to rise into wholeness in all challenges.

Spaces are limited so please reserve your spot to avoid disappointment. Please RSVP to Simon@CampGlenorchy.co.nz

Sunday 2 August
BYO teacup
\$15.00

Ecstatic Dance

Join Sarsha Hope and Olly Hart for this Ecstatic Dance experience where we will explore the theme of regeneration in our own lives, in our communities, and the greater world at large. No dance experience required, everyone welcome!

Thursday 6 August
From 7pm to 8:30pm
\$15



The NZ Mountain Film Festival - National Tour is back!

Kiwi Made Films Selection

After a huge success last year, we're holding a screening at Camp Glenorchy this year again! A selection of amazing home grown films that feature some of the most beautiful landscapes in Aotearoa. We're supporting local this year once again, and we think that you will enjoy this kiwi made selection.

Tickets

This year you'll be able to buy either a general admission ticket, or a table for up to 6 adults. Tables include tickets, a cheese board with three kinds of cheese, grapes, chutneys, nuts, and homemade crackers, and two bottles of wine.

Tickets are now for sale online or at Mrs Woolly's General Store.

[Click here to buy tickets online>>](#)

Food and beverages

If you don't want to get a table but would still like to have a cheese board, don't worry! We've got you covered. You can purchase a general admission ticket and add a cheese board to your booking for \$28.

We'll be selling beverages on the night, but the cheese board must be pre-ordered in advance. You can pre-order this either online or in-store.

Date: Wednesday 5 August

Time: Doors open at 6:30 pm

Ends at 10 pm

Adults \$15

Children \$10 (5 to 15 years of age)

Table of 6 adults with a cheese board and wine \$230

Under 5 free

Limited tickets available.

[Book now!](#)

Discover More

Nurture Me

WOMEN'S RETREAT

Women's Wellness Retreat 8-9 August 2020

Hit pause on your everyday routine and join Emma Ferris from The Breath Effect and Sarsha Hope from Hope Wellness for a life-changing two-day retreat at Camp Glenorchy designed to nourish, reset and renew. Now more than ever you deserve a break and some time to reflect.

Your 2-day retreat experience includes:

- *Healthy and delicious lunches on Saturday and Sunday, dinner on Saturday and breakfast on Sunday*
- *A workshop on breathing, stress, and finding your way back to calm*
- *Time for rest, reflection and recovery from your busy life*
- *Yoga sessions with Sarsha Hope*
- *Nature walks*
- *Mats and water provided*

Special offer: Extended early bird deal until Wednesday 22 July 2020 when you use the code **Capsule20**

Only a few spots left!

Enquire now >>



Understanding Photography

Join local photographer Laurence Belcher for this special one day workshop, being hosted for our own Glenorchy community. Laurence will share his professional expertise in a fun playful format, to help you get more from your camera, which ultimately will result in helping you take better quality photos.

The one day workshop will be hosted in the Humboldt Room at Camp Glenorchy. Not only will he present the basics on photography but he will take participants out on a photo walkabout in Glenorchy, before returning to the classroom to discuss the photos we have taken. The day is aimed at helping you to be more

creative with your photography while having some fun and meeting others also interested in improving their photographic skills.

Sunday, August 16, 2020
10:00am – 4:15pm
Camp Glenorchy Humboldt Room

Special Glenorchy Locals Rate \$25 - includes lunch and morning tea

Only 16 spots available

To secure your spot, please RSVP to Simon@CampGlenorchy.co.nz

First in, first served

If you'd like to see more of Laurence's work, check out his website
at www.paradisepictures.co.nz

Enquire now >>



www.CampGlenorchy.co.nz
