

# Parenting Teens Group—Just for Parents of Teens

Monthly Coffee and cake evening,

Central Otago REAP

Alexandra Community House

Thursday, 22nd October, 7pm to 8.30pm

## NO PARENTING MANUAL



We have manuals for everything in life but not for everyday parenting.....

Are you wanting to Connect with other parents? Information share? Find ways to reconnect with your teen?

Our parenting teens group could be just what you didn't know you needed.

Come join us for a chat, coffee and cake.

The purpose of the group is to gain support from other parents in navigating the joys and challenges of the teen years in a proactive and fun way.

**RSVP to Mandy on 021 544 894 or email [mandy@coreap.org.nz](mailto:mandy@coreap.org.nz)**